



**RETURN TO PLAY**

**SEPTEMBER 5**

**Fort McMurray Minor Hockey Association  
Authored by: FMMHA EXECUTIVE**



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# Overview

## Introduction

Hockey Alberta has worked with Hockey Canada and other provincial branches; Government of Alberta, Provincial Sport Organizations, and their members, staff and volunteers to develop Alberta's *Return to Hockey* plan. The purpose of the Return to Hockey plan is to provide options for a restart to hockey in Alberta, to outline required safety protocols and requirements and to assist local associations such as ours; The Fort McMurray Minor Hockey Association with the tasks we need to undertake for minor hockey to restart in our community.

This document is intended to outline our local FMMHA plan to allow our Elite Jr. Oil Barons, Female Huskies, WBHL and Inclusive Royals back on the ice in the safest and most efficient ways. It meets the current health and safety requirements of the Government of Alberta and aligns with Hockey Alberta's Return to Hockey Guidelines in focusing on the safety and wellbeing of all our members including players, parents, coaches, and officials. NOTE WELL: Updated versions of the plan will be published and posted to the [FMMHA website](#) based on changes to the Government of Alberta's Relaunch Plan.

All timelines within this plan are subject to change based on Hockey Alberta's evaluation of environmental factors and current Government of Alberta restrictions.

The information in this document is not a substitute for professional medical advice, diagnosis, or treatment. The knowledge and circumstances around COVID-19 are changing constantly and Hockey Alberta recommends that the [Government of Alberta COVID-19 site](#) be accessed for the most up to date information.

## Who to Contact?

FMMHA will work closely with Hockey Alberta and our arenas to ensure that all guidelines are met. If you have specific questions please direct to the appropriate FMMHA member.

- General questions regarding financials and registration and refund contact Roland Saunders ([hockeyops.fmmha@telus.net](mailto:hockeyops.fmmha@telus.net))
- Any Elite Program questions contact the VP of Elite Operations; Jody Seymour ([vpelite@fmmha.com](mailto:vpelite@fmmha.com))
- Any questions regarding Female Huskies, WBHL OR Inclusion Royals, contact the VP of WBHL Operations; JodyAnn McSkimming ([VPOPS@fmmha.com](mailto:VPOPS@fmmha.com))
- Questions regarding AHS, safety guidelines, facilities concerns and other communications contact the VP of Communications; Jacinda Davis ([VPComs@fmmha.com](mailto:VPComs@fmmha.com))
- Any other concerns please contact our President; Steve Schreyer ([President@fmmha.com](mailto:President@fmmha.com))

***“Hockey for Life”***

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## Protocols and Safety in the Game

Hockey Canada has built a comprehensive Safety Guidelines document, along with an FAQ document, to provide direction and support as organizations; administrators, coaches, managers, safety staff, trainers, parents and players prepare to return to hockey. The information included in these documents should be reviewed regularly, as it provides a solid framework to follow for any organization (and its members) as Return to Hockey planning is undertaken.

- [See Appendix 1](#) – Hockey Canada Safety Guidelines.
- [See Appendix 2](#) – Hockey Canada Safety Guidelines FAQ.

Hockey Alberta’s Members and sanctioned partners are to ensure they do the following:

- follow the Government of Alberta’s COVID-19 Public Health guidelines.
- comply with Hockey Alberta’s Return to Hockey information.
- comply with all requirements in agreements with arenas/recreational facilities.
- communicate with their members the safety protocols and Return to Hockey approach that have been approved in Alberta and for the organization.

FMMHA must track all participants and interactions by maintaining records in a secure location for 30 days from completion of activity.

Each Cohort group will be assigned a Volunteer COVID Officer who will collect COVID forms group prior to entering any facility for any minor hockey activity.

This is to be done as part of a daily check-in procedure for participants. Information will be recorded using Hockey Alberta’s Contact Tracing document (Appendix 3) and stored for 30 days in a Google Drive. It will be turned over to AHS should they request it. After 30 days the data will be deleted. Any participant who answers YES to any of the questions may no longer participate in the camp/program until a minimum 14-day quarantine period has elapsed. Pro-rate registration fees will be refunded and should be made clear at the registration of any program.

### \*\*\*\*\* LINK TO FMMHA FORM \*\*\*\*\*

FMMHA COVID Safety Officers will report any COVID-19 cases as required by Alberta Health Services, Member, hockey association, league and facility. Hockey Alberta must be notified once Alberta Health has been notified.

- [See Appendix 5](#) – Reporting a Positive COVID-19 Case

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**Parents and players also play key roles in the Return to Hockey. Their responsibilities include:**

- stay at home if anyone is experiencing any symptoms.
- become educated on the safety protocols and procedures prior to attending session and adhere to them while at the session
- ensure each player has their own water bottle which is sanitized prior to each session and their own hand sanitizer for use while on the ice
- ensure equipment is dried, cleaned and/or sanitized following each session
- arrange appropriate transportation to and from the session
- refrain from cheering and yelling as it presents a high risk of spreading droplets
- do not spit, blow nose freely or release any bodily fluid anywhere in any facility due to an extremely high risk of virus transfer

A detailed outline of responsibilities of Administrators, Coaches and Managers, Safety Person and Trainer, Players and Parents can be found in the Hockey Canada Safety Guidelines – Roles and Responsibilities (Appendix 6).

- [See Appendix 6 – Roles and Responsibilities.](#)

## Communications

It is important for all FMMHA members to understand the details of the Return to Hockey Plan and the programming planned by our organization this upcoming season. Returning and new participants need to know what programming is available from their local MHA or team, and that it is aligned with planning by Hockey Alberta and Hockey Canada. It is also important to ensure that the entire hockey community understands that the safety of all participants is paramount.

FMMHA is committed to providing regular updates to our members. Our Return to Hockey Plan and its appendices, bulletins and memoranda pertaining to COVID-19 and other related materials will be housed on the [FMMHA website](#) on a special Return to Hockey page which will include all important COVID-19 update links to Alberta Health, Hockey Alberta and Hockey Canada web pages.

At a Special Resolutions meeting in March 12,2020 it was decided that 2 new executive roles would be introduced, including one with the title of VP of Communications. Jacinda Davis was nominated and assumed this role on June 27th, 2020. The FMMHA Executive is committed to ensuring that all updates and information is available to Jacinda. Jacinda is committed to ensuring that these updates are provided to all members through our webpage, Facebook pages and email.

### VP of Communications responsibilities for return to play include:

- Monitoring all relevant updates from the Government of Alberta and Alberta Health.
- Monitoring all relevant updates from Hockey Alberta.
- Communicating with our local facilities on guidelines and updates.
- Ensuring Division directors have the information they will require to ensure teams are following the prevention guidelines set by the FMMHA
- Coordinating any concerns brought forward by Members or facilities on COVID related matters.
- Collecting Forms from COVID Safety officers and responding to any questions or concerns that arise.

## Facilities and Spectators

FMMHA and arena facilities must work together to ensure everyone complies with public health guidelines and that all members are prepared for the processes and procedures in place at the facilities we use for Minor Hockey. **All FMMHA Members are expected to comply with all guidelines set up at each of our facilities and encouraged to engage in only positive and open communication with the facilities staff on any questions in planning a safe return to the rink for your family.**

FMMHA utilizes Frank Lacroix, Mac Island, Anzac, Fort MacKay and Casman Facilities. Each arena will have requirements specific to their space and traffic flow. However, all members must comply with the following rules at all facilities:

- Do not enter the arena if you have a fever, cough, sore throat, runny nose or shortness of breath.
- Do not enter the arena if you are a close contact of a person who has tested positive for COVID-19
- Do not remove or alter any barricades or signage put in place to allow physical distancing; such as taped off spectator seats or curtains.
- Please adhere to all physical distancing measures put in place inside the arena.
- Please do not leave valuables in the dressing rooms while on the ice. The doors will be fixed open for hands free access and no doors will be locked.
- Hockey players are encouraged to half dress or full dress from home as there is limited time between ice in order to ensure that cleaning has occurred and **MUST** wear a mask in all facilities to and from dressing rooms.
- Any Parents entering dressing rooms must wear a mask at all times
- Dressing room showers will be closed.
- Please fill your water bottles at home and label bottles clearly so only your player touches the bottle. Vending machines, water fountains and water bottle fill stations are all closed.
- Families from different households must remain 6 feet apart and cannot congregate in the facilities. Group discussions should be taken outdoors.

- In ages of U13 and up No Parents will be allowed into the dressing room. In U11 and under one parent may enter a change room for 3 minutes to tie skates with only 2 parents per session permitted at a time.
- Cheering and yelling are strongly discouraged as they present a high risk of spreading droplets.

### **Frank Lacroix Arena**

*Arena staff will be monitoring all areas to ensure all the facility regulations are being followed. Any unacceptable behavior towards arena staff will be subject to discipline as outlined in the Game and Conduct Manual.*

- Groups must exit from the facility via the double exit doors inside the arena near the change rooms.
- Groups will have 15 minutes to vacate the dressing rooms after each ice time.
- Non-compliant individuals will be first issued a warning to refrain from the activity or behavior causing the concern. Further noncompliance will result in being asked to leave the premises. Authorities will be contacted if required.
- The ATM will remain out of service.
- The front doors will open 15 minutes prior to each ice time and then relocked for crowd control.
- The maximum number of players per dressing room is 8.
- The maximum number of spectators is 51. There are 49 seats and 2 wheelchair stalls. COVID Officers will be responsible for monitoring this.
- There are two female change rooms. Room 1 has space for 3 players. Room 2 has space for 2 players.

### **Mac Island and Anzac**

*The health and safety of guests and staff is our top priority. While things may look a little different upon reopening, we look forward to showing you the measures and tools we have put in place as it is everyone's responsibility to help prevent the potential spread of COVID-19. The following protocols while using our facilities, will support all our efforts to maintain health and safety.*

- We have implemented a number of measures to assist our guests including directional arrows, signage, and physical distancing floor markers.
- Follow physical distancing – stay 2 metres apart at all times including your time in the parking lot.
- Protective barriers have been installed at designated locations.
- Please bring your own water bottle - water fountains and vending machines will currently not be available.
- At this time, all guests will enter through the Suncor Community Leisure Centre main entrance and will exit our facility through the aquatic hallway. Arena
- For those activities where participants are unable to adhere to physical distancing, cohorts of a total of 50 individuals should be formed (mini league). This includes coaches, staff, instructors, and participants from multiple teams, officials, and volunteers who cannot maintain 2 metres of distance from others at all times.

- Game play between teams can resume but must be limited to teams within the same cohort/mini league.
- At this time, both the penalty box and the timekeeper's box will remain closed.
- At this time, activities are restricted to local community opportunities and should not include participants from outside of Wood Buffalo.
- Dressing Rooms: Skaters will only able to access the facility or the dressing rooms a maximum of 15 minutes before the start of the rental time. (All reserved ice slots are subject to delay if the RRC staff do require additional time to ensure the appropriate sanitization is completed between usages)
- The use of the dressing room showers will not be permitted at this time for the health and safety of our players/skaters.
- Players/skaters that are utilizing the dressing rooms must maintain physical distancing while changing at all times. If more than 8 players/skaters are required to utilize the dressing room at one time they are required to wear masks at all times within the dressing room.
- All dressing rooms must be vacated 15 minutes after the rental has been completed.
- Only 1 parent/guardian is allowed to accompany the player/skater into the dressing room. Spectators
- Physical distancing of minimum 2 metres should be maintained by spectators at all times, unless from the same household or cohort. Every second row will be blocked off to ensure ability to physically distance.
- Cheering and yelling is strongly discouraged as it presents a high risk of spreading droplets.
- It is strongly recommended that spectators wear masks

### **Casman Center**

*Arena staff will be monitoring all areas to ensure all the facility regulations are being followed. Any unacceptable behavior towards arena staff will be subject to discipline as outlined in the Game and Conduct Manual.*

- Please arrive 15 minutes prior to each ice time only
- Please follow directional signs as you enter and leave the building.
- **The maximum number of spectators is 51**
- Spectator seating has been reduced to 49 seats and 2 wheelchair accessible stalls for physical distancing
- Hockey players are encouraged to dress from home.
- Dressing room showers are closed
- Each group will be assigned 2 dressing rooms.
- Groups will have 15 minutes to vacate the dressing rooms after an ice time.
- Exit from the facility will be through back hall door. (Oil Barons entrance)
- The kitchen will remain closed.
- The vending machines will remain closed.
- Our staff will be monitoring all areas to ensure all restrictions are being followed
- Non-compliant individuals will be asked to leave the premises.
- All Spectators are to wear a Mask
- **PARENTS ARE REQUIRED TO KEEP THEIR CHILDREN WITH THEM AT ALL TIME.**



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## Coaches, Team Officials Certification and Training

The structure of certification and training clinics and seminars for Coaches, Team Officials and On-Ice Officials is unknown. Hockey Canada is investigating the feasibility and options for online certification programs.

Depending on guidelines and protocols in place with the Government of Alberta as the summer progresses, decisions will be confirmed on how these sessions will be offered and this information will be communicated to our members and the provincial hockey community. This information will be updated on the [Return to Hockey page](#) on the Hockey Alberta website, as well as Coach and Officials sections at [hockey.alberta.ca](http://hockey.alberta.ca)

### **Coaches**

As described below in Cohorting, coaches can be excluded out of a cohort group if they are able to do so. FMMHA has determined that this is not feasible for coaches in the Inclusive Royals and Intro to Hockey Programs, therefore all coaches assigned to intro to hockey (U7 and U9) will be included in the cohort. In the older groups, maintaining physical distance is more reasonable. However, considering injuries and the potential need to physically assess a player, each group will have one cohort coach that will be the responsible coach to deal with any physical contact (adjusting gear, assessing injury, correcting movement, etc.) Other certified coaches will be allowed on the ice for the older groups, but they MUST always maintain physical distance.

If a coach whom is not Cohorted to the group must come within 2 Meters they are required to wear a mask

All coaches in the cohort group must have their current Respect in Sport certification and Safety Certification, which can be completed online and found on the FMMHA coach page.

### **COVID Safety Official**

Each group within a Cohort will have a volunteer safety official who will record the required daily COVID checks for all members including spectators. This person will be given the COVID-19 safety checklist and instructions on how the information needs to be secured and where it will need to go. They will also be considered a team official to ensure all Covid guidelines are followed for their cohort group including spectators. Members assigned to this role will be given their full organization

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volunteer commitment of 5 hours for their player regardless of how long we require this role to keep this role.

### **On-Ice Officials Certification and Training**

When using Officials for any type of game play there are two options to consider and be determined by the participating teams and officials.

- Officials can be included within a Cohort and follow all cohorting guidelines provided by the Government of Alberta; or
- Officials who primarily interact with individuals or teams at a distance of 2 metres or greater do not need to be part of the Cohort. In this case, officials will be required to wear a mask:
  - and practice physical distancing and perform proper hand hygiene;
  - and keep a distance of 2 metres between all other officials while in the change room and during the transition from the change room to the ice;
  - whenever dropping the puck;
  - when talking with a player, team official or another official inside a distance of 2 metres

## Programming Overview

COMPONENT	DATE	PARTICIPANT ELIGIBILITY CRITERIA	TRAVEL RECOMMENDATIONS	ACTIVITY
<b><u>Off-Season Skill Development</u></b>	<b>Aug 17 -Sept 30</b>	1. Local Players trying out for Elite Jr. Oil Barons teams 2. Local Players Trying Out for Female Husky Teams 3. WBHL – Pre-season CAMPS  Note - There will be no Off season activity for Inclusive Royals	Players released from AAA tryouts will work with the elite director on an individual plan – based on the circumstances.  Non-essential travel should be limited as much as possible.  Players should access programs in their immediate area where possible.	<i>Programs delivered using <u>Physical distancing</u>:</i> <ul style="list-style-type: none"> <li>• Dryland</li> <li>• Classroom sessions</li> <li>• Conditioning Camps</li> <li>• Skills Camps</li> <li>• WBHL Technical Combines</li> </ul> <i>Programs delivered using <u>Cohorting</u>:</i> <ul style="list-style-type: none"> <li>• Tryouts</li> <li>• Blue/Gold Games</li> </ul>
<b><u>Development Season</u></b>	Duration of AHS Phase 2 - while Cohorting Is limited to a small number of 50	1. JOB Teams will be established and will participate in single team ice times and joint team ice times (A and AA) as a cohort. 2. FHD Teams will be established and will participate in single team Ice times and joint team ice times (U11, U13, U15) as a cohort. 3. WBHL players will be placed in groups of 8 to meet the requirements of Physical Distancing in dressing rooms. 5 groups will be classified as cohorts. Groupings will be a result of technical combines. 4. Inclusive Royals will be a Single Team Cohort that will include Coaches and parent helpers.	Non-essential travel should be limited as much as possible.  JOB and FHD will follow the direction of their respective leads as advised by Hockey Alberta  WBHL will NOT be allowed Travel in the Development season.	Programs delivered using <u>Physical distancing</u> : <ul style="list-style-type: none"> <li>• Skills Sessions with Professional Development</li> </ul> Programs delivered using <u>Cohorting</u> : <ul style="list-style-type: none"> <li>• On-ice practices (including battle drills)</li> <li>• Off-Ice training</li> <li>• 'Regional' Game Play (3v3, 4v4)</li> <li>• Team Building</li> </ul>
<b><u>Regular Season</u></b>	TBD – Once AHS announces move to Phase 3 or a change to cohort rules	1. JOB and FHD Teams will be established participating in respective League activity. 2. WBHL will draft players into full teams and a season start date will be set. 3. Inclusive Royals will move into a more structured format with Elite teams and U15 WBHL scheduled to their Ice slots	Potential restrictions on travel could still be in place.  An announcement on travel to tournaments will be announced.	<ul style="list-style-type: none"> <li>• Skills Sessions</li> <li>• On-Ice Practices</li> <li>• Off-Ice Training</li> <li>• League Play</li> </ul> This is the finalization of a tryout, evaluations and then entry into the regular season.

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## Jr Oil Barons – Elite Program (JOB)

### **Overview**

FMMHA has 7 teams that fall within the Elite Program. These teams are selected through a try out process and play in leagues that require travel. U18AA, U15AA and U13AA all play in the NAHL league and will follow that league's return to play guide. U18A, U15A, U13A and U11 Development all play in the NAI league and will follow the league's return to play guide.

### **Registration**

Players will register as per usual and as communicated on the webpage. Players must be registered in order to tryout and participate in any pre- season development. FMMHA has set up a payment plan to allow for partial payment as we await more information from AHS and the leagues in which these teams play.

### **Off Season**

Conditioning camps are posted on the website and current Covid-19 protocols will be communicated and reiterated via Ian Kenny, Elite Director as well as the Head Coach of each elite team.

### **Development Season**

First meetings and team practices will begin September 9th unless otherwise communicated. Information will be shared based on communication from HA as guides by AHS.

### **Regular Seasons**

League games and travel will start once Alberta Government decides we are in Phase 3 and will be communicated from HA to FMMHA to Elite Director and Head Coach to each team

## Female Huskies Development Program (FHD)

### **Overview**

FMMHA has 3 teams that fall within the Female Development Program. These teams are selected through a try out process and an application for them to be a travel team with a female league is in process. These teams will align with the elite development schedule and follow the ECFH league return to play guidelines.

### **Registration**

Players will register as per usual and as communicated on the webpage. Players must be registered in order to try out and participate in any pre- season development.

### **Off Season**

Conditioning camps are posted on the website and current Covid-19 protocols will be communicated and reiterated via Ian Kenny, Elite Director as well as the Head Coach of each female team.

### **Development**

First meetings and team practices will begin September 9th unless otherwise communicated. Information will be shared based on communication from HA as guides by AHS.

### **Regular Season**

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League games and travel will start once Alberta Government decides we are in Phase 3 and will be communicated from HA to FMMHA to Elite Director and Head Coach to each team

## Wood Buffalo Hockey League (WBHL) – Intro to Hockey

### **Overview**

FMMHA believes how a player gets their initial taste of hockey is crucial. Their first four years of hockey must be a positive experience full of fun and excitement. Over the last few seasons we have been introducing Cross Ice Hockey. Last season, our teams consisted of 18 players for U9 teams of 12 players for U7. This season we will move to a smaller team structure to provide stability for the year. All teams will be built with teams of 8 players and 2 Cohort Coaches. This allows us to adhere to Covid-19 safety protocols while maximizing opportunities for development and a positive experience.

Each ice session may include any of our ice surfaces and thus we are not restricting U7 to the MI mini ice and will include two teams.

### **Registration**

Normal registration is open now. Due to restrictions on ice availability due to cleaning protocols as well as social distancing rules, FMMHA regrets that we must limit our numbers for a total of 224 in each age group. If the season does not start or is restricted, FMMHA will issue a fair reimbursement for time lost.

### **Pre Season**

Each player will be offered a minimum of two development sessions in the off season phase that will be done through physical distancing. Players will then be put through the Intro to Hockey combine. These results will be used to group players with similar scores.

We will provide four parent lead ice times for players who cannot skate independently. These players will not be eligible to participate in the preseason development or combines and will be placed in the lowest level of play for development. **Note:** Players learn to skate very quickly and knowing how to skate is not a requirement to register.

### **Development**

Once players are grouped into teams of 8 they will be scheduled ice times with their cohort coaches who may run full ice station sessions, small area games and scrimmages as one group. The directors will highlight “practice” - which will be a session as a one group of 16 and then a “game” – which will be 25 minutes of a half ice groups of 8 practice and a 25 minute scrimmage.

The focus in the development stage will be on individual technical skills, primarily focusing on skating without puck, skating with Puck and shooting.

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## **Regular Season**

Once AHS announces that we are moving to Stage 3 and thus increase the number of sports cohorts, we will move to scheduled games and practices. At this time if coaches strongly feel player movement should happen, then coaches may consider movement “up”. However, many concerns will need to be considered including the balance of the division and not just the skill and desire of a player.

The current plan is 8 cohort groups: 2 for each level of play. At this point, team’s cohort groups at the same level of play will be brought together. Four teams will be scheduled to game times and two teams to practices. Teams may be required to share dressing rooms at that time.

The focus on the development stage will still be those technical skills. However, coaches will start to introduce individual offensive and defensive individual tactics including common terms such as “takeaways” and “deeking” as well as, more team tactics such as passing to score.

### **Key Differences to Note:**

- Players should always come mostly dressed into arenas – Parents will NOT be allowed in dressing rooms to assist players.
- Smaller teams all based on technical combines, no movement without isolation.
- No travel will be approved before January and possibly not at all for this season.
- Coaches will only be allowed on one team to allow cohorting and any coach in cohort can cover for a team.
- There will be up to 8 Cohort groups labeled as group A, B, C, etc. then teams will be assigned the WBHL names as we will have 24 teams - Names will be duplicated for this season.

## **Wood Buffalo Hockey League (WBHL) – U11, U13, U15, U18**

### **Overview**

Wood Buffalo Hockey league is a non travel local (house) league. All local players are divided into similarly skilled teams and tiers to play for league and play off championships. The development focus in these divisions is building on the individual tactics learned in intro to hockey as well as a focus on team play. Teams are typically built with 12 skaters and a goalie. This number fluctuates annually depending on enrollment.

### **Registration**

Normal Registration is open now. Due to current Covid-19 restrictions in accordance with AHS and HA safety protocol, FMMHA regrets that we must limit our team numbers.

NOTE: If the season does not start or becomes further restricted, FMMHA will issue a fair reimbursement for time lost.

### **Pre Season**

Each player will be offered a minimum of four development sessions in the pre season phase. That will occur through physical distancing. Players will then be put through the WBHL combine, again with

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physical distancing. These results will be used to group players with similar scores for the development season.

### **Development**

Players will be grouped into development Teams of 8-12 by division directors based on the results of the technical combine. The teams will be broken into groups of 4 to make a cohort. The cohort will allow for one cohort coach and some referees for scrimmage game play. Any player who misses the combine who is a first year in the division will be placed in the lowest level of play. Any second year players in a division who miss their combine will be placed in the same level in which they played last season. Player movement will be restricted and needs to be approved by the VP of Operations and division director. Parents will need to agree to a 14-day isolation to move between cohort groups.

For U11, U13 the focus in the development stage will be on individual tactics, team tactics, and team systems. Two teams will be scheduled to each ice time and coaches will decide on full ice or half Ice practices and may use individual drills, battle drills, 3v3 and 4v4.

In U18 all ice times will be scheduled as 4v4 or 3v3 games depending on the number of players. Coaches focus primarily on team strategy at this stage.

### **Regular Season**

Once the date of phase 3 is announced and we are able to move into bigger cohort groups, all 4 coaches plus 2 evaluators will be asked to complete an evaluation sheet on each player in their cohort and rank players on skating, puck control, game sense, \*\*\*\*\* . These numbers will be combined with the technical score from the beginning of the season and players will be officially tiered at that stage. A draft will take place with head coaches to form teams for the season.

At this stage regular games and practices will be scheduled and the dates for league and playoffs will be announced.

Note: If phase 3 is announced in January, we will look to extend the season to the end of April to give enough time to allow a regular season and playoffs.

Note: If Phase 3 is not announced by January 31st, 2021, we will not have a regular season and will have a 4 on 4 play off championship.

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## Inclusive Royals

### **Overview**

The Inclusive Hockey program is intended to promote hockey as a means of providing an enjoyable and rewarding learning experience for all players regardless of their abilities, to improve and maintain their fitness level and to lead an active life in a non competitive environment.

### **Registration**

Normal Registration is open now. Due to current Covid-19 restrictions in accordance with AHS and HA safety protocol, FMMHA regrets that we must limit our numbers for a total of 36 players in this program.

### **Pre Season**

The Inclusive Hockey program does not have a pre-season

### **Development**

Players will be placed in a cohort team of 8. Because this program is very hands on, physical distancing will not be possible and all 'on ice' coaches, parent helpers and bench coaches will be a part of this sports cohort. Two teams will be assigned to an ice surface at a time for a total of 16 players, a maximum of 16 on ice coaches and 3 bench coaches for a total cohort group of 42.

During this portion of the season the focus will be on getting used to the use of safety equipment and having fun on the Ice

### **Regular Seasons**

Once the date of phase 3 is announced and we are able to move into bigger cohort groups, minor hockey will begin to schedule our elite teams to join the Royals on the ice and coaches will focus on independent skating and small area games.