

5.1 FMMHA Parent Code of Conduct

Parents play a major role when it comes to influencing youth hockey players to display good sportsmanship. Children often see their parents as role models and look to replicate their actions. Here are 10 principles that parents can use to promote good sportsmanship by displaying it themselves and teaching it to their kids. It is expected that all FMMHA parent members observe the following principles:

- 1. I will not put pressure upon my child to participate in hockey and always remember that my child plays hockey for their own enjoyment, not mine. I will not place unreasonable expectations on my child.
- 2. I will follow the expected *24 hour rule*. And such, if I have an issue that I wish to discuss with a coach, I agree to wait a minimum period of 24 hours after the event before contacting the coach in person, by phone or email. I will resolve all conflict without resorting to verbal hostility or violence.
- 3. I will support and promote *fair play* by encouraging my child to play by the rules. I will display good sportsmanship by applauding a good effort by both teams in victory and defeat. I will be respectful of all players, coaches, officials and fans regardless of race, sex, religion or abilities.
- 4. I will recognize the importance of volunteer coaches and managers. I will take the time to attend team meetings to get to know the coaching philosophy, expectations, and guidelines. I will communicate with my child's coaches and support them.
- 5. I understand that when my child is on the ice, the coaches do the coaching. I will not yell instructions to my child from the sidelines or give my child instructions counter to those of the coach in the arena or on the way home. I will teach my child that doing their best and learning from their coaches is as important as winning.
- 6. I will remember that "wins" are based on my child's performance, teamwork, and

playing within the rules. I will never ridicule or yell at my child or their teammates for making a mistake or losing a game. I will avoid saying or acting in any manner that will hurt, degrade or insult any player

- 7. I will remember that children learn by example. I will applaud good plays and performances by both my child's team and their opponents. I will encourage good sportsmanship from other parents, coaches, officials and players by demonstrating good sportsmanship myself and I will support all efforts to remove verbal and physical abuse from all FMMHA sanctioned events.
- 8. I will never question the official's judgment or honesty in public. I recognize that young and new officials are being developed in the same manner as players.
- 9. I will respect and show appreciation for all the volunteers who give their time to FMMHA and for my child. If I have questions or concerns, I will attempt to have them addressed appropriately and respectfully, versus questioning the Board, my directors, Event Chairs, Coaches or Managers publically including group email, social media platforms and team meetings.
- 10. I will make every effort to complete my own volunteer commitment hours to FMMHA and understand these are different from my team responsibilities.
- 11. I will accept responsibility for any guests that come to a FMMHA sanctioned event on my behalf.

I have read and I understand the principles stated above put forth by FMMHA. I agree to abide by these principles with the understanding that if I do not follow them, I may be asked to leave any practice, game, or event.

Parent Signature	Date	
Print Parent Signature		
Plaver(s) Name(s)		